



# Let's meet a Firefighter

## Lesson Plan

### Description

In this exciting "Let's Meet a Firefighter" lesson, students will learn all about the protective clothing Firefighters wear to stay safe when they're called to an emergency. Through fun activities, students will also explore the different types of emergencies Firefighters handle—whether it's fighting a fire, rescuing someone from a crash, or helping animals in trouble. By the end of the lesson, students will understand the specialist kit Firefighters use and be familiar with the kind of emergencies Firefighters deal with.

### General Information

#### Lesson Focus

Let's meet a Firefighter

#### Recommended Key Stage

Early years foundation  
stage

#### Curriculum Focus

Understanding the world:

- Explore how things work;
- Show interest in different occupations
- Begin to talk about members of their community.

### Resources

- Printable worksheets
- 'Let's meet a Firefighter' video
- Activity book



## Learning Objectives

- To understand the specialist kit Firefighters wear to keep them safe
- To explore the different types of emergencies Firefighters deal with

## Ideas for 'Let's meet a Firefighter' video

### Pause the video at 25 seconds

**Explain** that Firefighters, when they are not dealing with an emergency, wear their blue uniform with Kent Fire & Rescue written above their pocket. They will also have an I.D badge if you ask. This will tell you who they are. Explain to the children that they can ask Firefighters for help when they are wearing this uniform also.

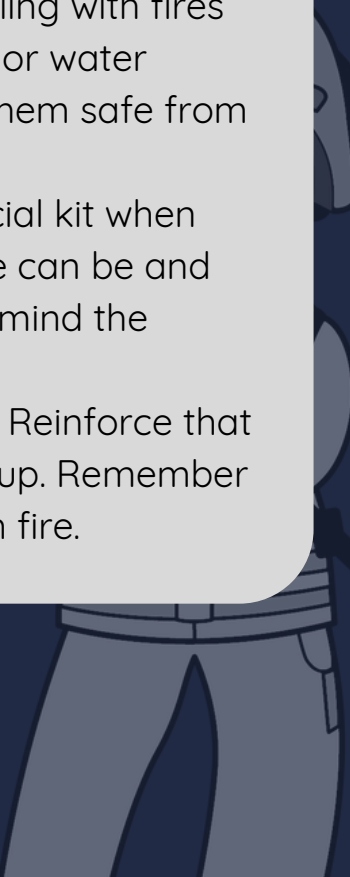
**Question:** Can you think of a time when you might ask a Firefighter for help when they are wearing this uniform?

### Pause the video at 55 seconds

**Explain** that Firefighters wear their special fire kit when dealing with fires or other emergencies. You may see them helping at a road or water emergency. They have special protective clothing to keep them safe from heat and other hazards.

**Explain** Firefighters are carefully trained and wear this special kit when dealing with fire. **Explain** that this shows how dangerous fire can be and that if we see a fire or a flame that we must not touch it. Remind the children to tell a grown up if they see a fire.

**Question:** What must we do when we see a fire or a flame? Reinforce that they must not touch it and they should always tell a grown up. Remember Firefighters have special training and special kit to deal with fire.



### **Pause the video at 2 minutes**

**Explain** that Firefighters may have to rescue someone who has fallen into water. Their special kit helps them to stay warm and dry. The floatation device also helps them to stay afloat.

**Explain** that Firefighters are carefully trained and they wear special water kit to keep themselves safe. Explain that this shows how dangerous some water can be and that we must always stay with an adult near water and be very careful.

**Question:** What type of emergencies do the Firefighters go to?

**Answer: Fires, Water and Road emergencies.**

## **Follow up Activities**

### **Activity 1 - 'Tiny Firefighter' colouring sheet**

**Encourage** your students to name their Firefighter and take them home. Their Firefighter can help to remind them about what they have learnt. This resource can help students practise their colouring skills and learn some of the key words. The children could even trace the letters!

### **Activity 2 - Dress the Firefighter**

**Encourage** students to use their cutting skills to cut around the tunic, leggings, gloves and boots. Students can use their colouring skills also – can they remember about the different colour strips on the tunic and leggings? **Encourage** the students to talk about the different items and why a Firefighter wears these in an emergency. Reinforce that Firefighters have lots of special kit to help them deal with fires safely.



Access our Early years  
resources on our  
website

